



Brainstorming Poetry Ideas

Word Warm-Ups

Just as you would stretch before you go running, you need to warm up before you start writing poetry. Here are some of exercises to help you stretch your mind:

1. **Word Play**

Pick a word, any word, and think of all the words that rhyme with that word. Try first with one-syllable words, and then with words of two or more syllables.

2. **Object Observations**

Pick an object — a pencil, a brick wall, a clock, a tomato — anything. Then write down everything you notice about that object.

3. **Synonym Silliness**

Think of an adjective, such as happy, soft, tall, or sleepy. Then write down all the words you can think of that have the same meaning as that adjective. This list will help a lot when you're trying to describe things.

Here are a few tips for you to follow that will help you with your writing—try them!

1. **Write as often as you can.** That's what writers do — they write.
2. **Carry a notebook** and jot down your ideas *immediately*.
3. **Keep a diary or journal** — and try to write at least a little in it every day.
4. **Write first about the things closest to you** — yourself, or your family, friends, and pets. It's a lot easier than writing about things you know little or nothing about.
5. **If you're writing poems, don't worry about trying to make them rhyme.** It's much more important to say what you really want to say.
6. **Try writing two or three different poems about the same subject.** Use different points of view.
7. **Look in the mirror and write about the person looking back at you.** Write about how that person is feeling at that moment.
8. **Take a walk around your neighbourhood** — and write about the things you see there. *Don't forget to take notes in your notebook.*
9. **Don't expect to get things right the first time.** You do sometimes, but it's definitely the exception. *Rewriting is an important step.*
10. **Sometimes, no matter how hard you try to write, nothing comes out.** Forget about writing for a while, and go off and do something else. Then try writing again later.